

# Saint Mary Protectress Center

## Reader Service

(service without a priest)

### 4th Sunday after Pentecost, St Jonah of Moscow, Tone 3

**Reader:** + Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Glory to Thee, our God, glory to Thee.

O Heavenly King, Comforter, Spirit of Truth, Who art everywhere present and fillest all things, Treasury of good things and Giver of life: Come and dwell in us, and cleanse us of all impurity, and save our souls, O Good One.

+ Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

+ Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord have mercy. (3x)

+ Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

+ Our Father, Who art in the Heavens, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Lord have mercy. (12x)

+ Glory to the Father and to the Son and to the Holy Spirit,

both now and ever, and unto the ages of ages. Amen.

- + O come, let us worship God our King.
- + O come, let us worship and fall down before Christ our King and God.
- + O come, let us worship and fall down before Christ Himself, our King and God.

**Antiphon 1**  
(from Psalm 102)

**Choir: (Tone 1)**

Bless the Lord, O my soul!  
Blessed art Thou, O Lord!

Bless the Lord, O my soul!  
And all that is within me,  
bless His holy Name!

Bless the Lord, O my soul!  
And forget not all His benefits!

Who forgives all your iniquities,  
who heals all your diseases!

The Lord is compassionate and merciful,  
long-suffering and of great goodness.

Bless the Lord, O my soul!  
Blessed art Thou, O Lord!

**Reader:** Lord, have mercy. (3x)

**Antiphon 2**  
(From Psalm 145)

**Choir: (Tone 1)**

+ Glory to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul!  
I will praise the Lord as long as I live;  
I will sing praises to my God while I have being.

Put not your trust in princes, in sons of men  
in whom there is no salvation.

When his breath departs  
he returns to his earth:  
on that very day his plans perish.

The Lord will reign forever;  
Thy God, O Zion, to all generations.

Now and ever, and unto ages of ages. Amen.

Only-Begotten Son and Immortal Word of God.  
Who for our salvation didst will to be incarnate  
of the holy Theotokos and Ever-Virgin Mary;  
Who without change didst become man and was crucified.  
O Christ our God, trampling down death by death;  
who art one of the Holy Trinity,  
Glorified with the + Father and the Holy Spirit:  
Save us!

**Reader:** Lord have mercy. (3x)

### **Antiphon 3** **The Beatitudes**

**Choir:** (Tone I)

In Thy kingdom remember us, O Lord,  
When Thou comest in Thy kingdom.

Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.

**Reader:** (12)

Blessed are they that mourn,  
for they shall be comforted.

**Reader:** (11)

Blessed are the meek,  
for they shall inherit the earth.

**Reader:** (10) From paradise didst Thou drive our forefather Adam, who had broken Thy commandment, O Christ; but, O Compassionate One, Thou didst cause to dwell therein the thief who confessed Thee on the cross, crying out: 'Remember me, O Saviour, in Thy kingdom!'

Blessed are they that hunger and thirst after righteousness,  
for they shall be filled.

**Reader:** (9) With the curse of death didst Thou condemn us who had sinned, O Lord, Bestower of life; yet having suffered in Thy flesh, O sinless Master, Thou hast granted life unto mortals who cry out: 'Remember us also in Thy kingdom!'

Blessed are the merciful,  
for they shall obtain mercy.

**Reader:** (8) In rising from the dead, Thou hast raised us up from the passions with Thyself through Thy resurrection, O Lord; and all the power of death hast Thou destroyed, O Saviour. Wherefore, with faith we cry out to Thee: 'Remember us also in Thy kingdom!'

**Choir:** Blessed are the pure in heart,  
for they shall see God.

**Reader:** (7) O Thou who as God grantest life, by Thy three days in the tomb Thou didst raise up with Thyself the dead in hell, and as One Who is good Thou hast poured forth incorruption upon all of us who with faith ever cry out: 'Remember us also in Thy kingdom!'

**Choir:** Blessed are the peacemakers,  
for they shall be called the sons of God.

**Reader:** (6) Risen from the dead, O Saviour, Thou didst first appear to the myrrh-bearing women, crying out: 'Rejoice!' and through them Thou didst announce Thy resurrection to Thy friends, O Christ. Wherefore, with faith we cry out to Thee, 'Remember us also in Thy kingdom!'

**Choir:** Blessed are they which are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

**Reader:** (5) Moses, stretching out his arms on the mountain, prefigured the Cross and thus conquered Amalek. And, receiving it with faith as a mighty weapon against the demons, we all cry out: 'Remember us also in Thy kingdom!'

**Choir:** Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for My sake.

**Reader:** (4) Thou didst ascend to the summit of the virtues, O holy hierarch, and, receiving the sacred anointing of thy superior life, on an exalted cathedra thou didst serve God as a great high priest.

**Choir:** Rejoice, and be exceedingly glad, for great is your reward in the heavens.

**Reader:** (3) Having acquired thee as a beacon, O all-wise and holy hierarch, the Church of Christ is illumined by thy virtuous instructions, saying: Thou, O Lord, art my strength and confirmation!

**Choir:** + Glory to the Father, and to the Son, and to the Holy Spirit,

**Reader:** (2) Having cut off all carnal desire with divine desire, thou didst shine forth in a perfect life; wherefore, thou hadst passed hence into never-waning effulgence.

**Choir:** Both now and ever, and unto the ages of ages. Amen.

**Reader:** (1) O lustrous tongs of the divine Coal, O bush which was not consumed by the Godhead: Burn up the tinder of my passions, and rescue me from everlasting fire.

**Introit**  
(Entry Hymn)

O come let us worship and fall down before Christ,  
Who didst rise from the dead, O Son of God,  
Save us who sing to Thee: Alleluia, alleluia, alleluia.

**Troparia**  
(Thematic Hymns)

**Choir:** (Resurrectional Troparion, Tone 3)

Let the heavens be glad; let earthly things rejoice; / for the Lord hath wrought  
might with His arm. / He hath trampled down death by death; / the first-born of  
the dead hath He become. / From the belly of Hades hath He delivered us // and  
hath granted to the world great mercy.

+ Glory to the Father, and to the Son, and to the Holy Spirit,

(Troparion of the Hierarch, Tone 4)

Troparion of the Hierarch, Tone 4: Having dedicated thyself wholly to the Lord  
from thy youth, / thou becamest a model of virtue in prayer, labours and fasting; /  
wherefore, beholding thy goodly intent, / God appointed thee the hierarch and  
pastor of His Church: / and for this cause, thy precious body / hath been  
preserved whole and incorrupt after thy repose. // O holy hierarch Jonah, entreat  
Christ God, that He save our souls.

Both now and ever, and unto the ages of ages. Amen.

(Resurrectional Theotokion, Tone 8)

The mystery hidden from before the ages / and unknown even to the angels, /  
through thee, O Theotokos, hath been revealed to those on earth: / God incarnate  
in unconfused union, / Who willingly accepted the Cross for our sake / and  
thereby raising up the first-formed man, // hath saved our souls from death.

**Trisagion**  
(Thrice-Holy Hymn)

**Choir:** + Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

+ Glory to the Father, and to the Son, and to the Holy Spirit,  
both now and ever, and unto the ages of ages. Amen.

Holy Immortal, have mercy on us.

+ Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Prokeimenon**  
(that which precedes)

**Reader:** The Prokimenon in the 3rd Tone: O chant unto our God, chant ye; chant unto our King, chant ye.

**Choir:** O chant unto our God, chant ye; chant unto our King, chant ye.

**Reader:** Clap your hands, all ye nations; shout unto God with a voice of rejoicing.

**Choir:** O chant unto our God, chant ye; chant unto our King, chant ye.

**Reader:** In the 7th tone: Precious in the sight of the Lord is the death of His saints.

**Choir:** Precious in the sight of the Lord is the death of His saints.

**Epistle Reading**  
(Romans 6:18-23; Hebrews 7:26-8:2)

**Reader:** The Reading is from the Epistle of the Holy Apostle Paul to the Romans.

Brethren: having been set free from sin, you became slaves of righteousness. \* I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness. \* For when you were slaves of sin, you were free in regard to righteousness. \* What fruit did you have then in the things of which you are now ashamed? For the end of those things is death. \* But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life. \* For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Brethren: Such an high priest truly meets our need—one who is holy, blameless, pure, set apart from sinners, exalted above the heavens. \* Unlike the other high priests, he does not need to offer sacrifices day after day, first for his own sins, and then for the sins of the people. He sacrificed for their sins once for all when he offered himself. \* For the law appoints as high priests men in all their weakness; but the oath, which came after the law, appointed the Son, who has been made perfect forever. \* Now the main point of what we are saying is this: We do have

such an high priest, who sat down at the right hand of the throne of the Majesty in heaven, \* and who serveth in the sanctuary, the true tabernacle set up by the Lord, not by a mere human being.

**Alleluia**  
(Praise ye the Lord)

**Reader:** Alleluia in the 3rd Tone: In Thee, O Lord, have I hoped, let me not be put to shame in the age to come.

**Choir:** Alleluia, Alleluia, Alleluia!

**Reader:** Be Thou unto me a God to defend me and a house of refuge to save me.

**Choir:** Alleluia, Alleluia, Alleluia!

**Reader:** In the 4th Tone: The righteous cried and the Lord heard them, and He delivered them from all their troubles.

**Choir:** Alleluia, Alleluia, Alleluia!

**Holy Gospel Reading**  
(Matthew 8:5-13; John 10:9-16)

**Reader:** The Reading is from the Holy Gospel according to Saint Matthew.

**Choir:** Glory to Thee, O Lord, Glory to Thee!

**Reader:** At that time, when Jesus was entered into Capernaum, there came unto him a centurion, beseeching him, \* And saying, Lord, my servant lieth at home sick of the palsy, grievously tormented. \* And Jesus saith unto him, I will come and heal him. \* The centurion answered and said, Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my servant shall be healed. \* For I am a man under authority, having soldiers under me: and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it. \* When Jesus heard it, he marvelled, and said to them that followed, Verily I say unto you, I have not found so great faith, no, not in Israel. \* And I say unto you, That many shall come from the east and west, and shall sit down with Abraham, and Isaac, and Jacob, in the kingdom of heaven. \* But the

children of the kingdom shall be cast out into outer darkness: there shall be weeping and gnashing of teeth. \* And Jesus said unto the centurion, Go thy way; and as thou hast believed, so be it done unto thee. And his servant was healed in the selfsame hour.

The Lord said: I am the Door. If anyone enters by Me, he will be saved, and will go in and out and find pasture. \* The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. \* I am the Good Shepherd. The Good Shepherd gives His life for the sheep. \* But a hireling, he who is not the shepherd, one who does not own the sheep, sees the wolf coming and leaves the sheep and flees; and the wolf catches the sheep and scatters them. \* The hireling flees because he is a hireling and does not care about the sheep. \* I am the Good Shepherd; and I know My sheep, and am known by My own. \* As the Father knows Me, even so I know the Father; and I lay down My life for the sheep. \* And other sheep I have which are not of this fold; them also I must bring, and they will hear My voice; and there will be one flock and one shepherd.

**Choir:** Glory to Thee, O Lord, Glory to Thee!

**Choir:** (Tone 6, Vespéral Sticheron)

Remember us, O Lord, when Thou comest in Thy kingdom.

Remember us, O Master, when Thou comest in Thy kingdom.

Remember us, O Holy One, when Thou comest in Thy kingdom.

The heavenly choir praiseth Thee and saith:

Holy, Holy, Holy,

Lord of Sabaoth;

Heaven and earth are full of Thy glory.

**Reader:** Come unto Him, and be enlightened & your faces shall not be ashamed.

**Choir:** The heavenly choir praiseth Thee and saith:

Holy, Holy, Holy,

Lord of Sabaoth;

Heaven and earth are full of Thy glory.

**Reader:** + Glory to the Father, and to the Son, and to the Holy Spirit.

**Choir:** The choir of Holy angels and archangels,

With all the heavenly hosts praiseth Thee and saith:  
Holy, Holy, Holy, Lord of Sabaoth;  
Heaven and earth are full of Thy glory.

**Reader:** Both now and ever, and unto the ages of ages. Amen.

### **The Nicene Creed**

**Choir:** + I believe / in one God, the Father Almighty, / Maker of heaven and earth and of all things visible and invisible. / And in one Lord Jesus Christ, the Son of God, / the Only-begotten, begotten of the Father before all ages; / Light of Light, true God of true God; / begotten, not made; of one essence with the Father, by Whom all things were made; / Who for us men and for our salvation came down from the heavens, / and was incarnate of the Holy Spirit and the Virgin Mary, and became man; / And was crucified for us under Pontius Pilate, / and suffered and was buried; and arose again on the third day according to the Scriptures; / And ascended into the heavens, and sitteth at the right hand of the Father; / And shall come again, with glory, to judge both the living and the dead; Whose kingdom shall have no end. / And in the Holy Spirit, the Lord, the Giver of life; Who proceedeth from the Father; / Who with the + Father and the Son together is worshipped and glorified; Who spake by the prophets. / In One, Holy, Catholic, and Apostolic Church. / I confess one baptism for the remission of sins. / I look for the resurrection of the dead, // And the life of the age to come. Amen.

**Reader:** Remit, pardon, forgive, O God, our offenses, both voluntary and involuntary, in deed and word, in knowledge and ignorance, by day and by night, in mind and thought; forgive us all things, for Thou art good & the Lover of mankind.

### **The Lord's Prayer**

**Choir:** (Tone 4)

+ Our Father, Who art in the heavens,  
Hallowed be Thy name. Thy kingdom come,  
Thy will be done, on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our debts, as we forgive our debtors;  
and lead us not into temptation,  
but deliver us from the evil one.

**Reader:** O Lord Jesus Christ, Son of God, have mercy on us. Amen.

**Kontakia**  
(Thematic Hymns)

**Choir:** (Resurrectional Kontakion, Tone 3)

Thou didst rise today from the tomb, O Merciful One, / and didst lead us out of the gates of death. / Today Adam danceth and Eve rejoiceth; / and together with them both the prophets and patriarchs // unceasingly praise the divine might of Thine authority.

+ Glory to the Father, and to the Son, and to the Holy Spirit,

(Kontakion of the Hierarch, Tone 8)

From childhood thou didst enslave thyself unto the Lord, O wise one, / laying waste to thy body through fasting and the keeping of vigils; / wherefore, thou wast shown to be the pure vessel and abode of the all-holy Spirit. / For this cause He ordained thee as hierarch and pastor for His Church; / and having tended it well, thou didst depart unto the Lord Whom thou didst love. / We therefore beseech thee: Be thou mindful of us who honour thy holy memory with faith, // that we may all cry aloud unto thee: Rejoice, O father Jonah, most honoured and holy hierarch!

Both now and ever, and unto the ages of ages. Amen.

(Theotokion: O Protection of Christians, Tone 6)

O protection of Christians that cannot be put to shame, / O mediation unto the creator unfailing, / disdain not the suppliant voices of sinners, / but be thou quick, O good one, to help us who in faith cry unto thee; / hasten to intercession and speed thou to make supplication, // thou who dost ever protect, O Theotokos, them that honor thee.

**Reader:** Lord, have mercy. (12x)

O All-Holy Trinity, the consubstantial dominion, the indivisible Kingdom, and cause of every Good: Show Thy good will even unto me a sinner; make steadfast my heart and grant it understanding, and take away mine every defilement; enlighten my mind that I may glorify, hymn, worship, and say:

**Choir:** One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father. Amen.

Blessed by the name of the Lord, henceforth and forever more. (3x)

**Reader:** + Glory to the Father, and to the Son, and to the Holy Spirit,  
Both now and ever, and unto the ages of ages. Amen.

### Psalm 33

**Choir:** I will bless the Lord at all times,  
His praise shall continually be in my mouth.  
In the Lord shall my soul be praised;  
let the meek hear and be glad.  
O magnify the Lord with me,  
and let us exalt His name together.  
I sought the Lord, and He heard me,  
and delivered me from all my tribulations.  
Come unto Him, and be enlightened,  
and your faces shall not be ashamed.  
This poor man cried, and the Lord heard him,  
and saved him out of all his tribulations.  
The angel of the Lord will encamp round about them that fear Him,  
and will deliver them.  
O taste and see that the Lord is good;  
blessed is the man that hopeth in Him.  
O fear the Lord, all ye His saints;  
for there is no want to them that fear Him.  
Rich men have turned poor and gone hungry;  
but they that seek the Lord shall not be deprived of any good thing.

### Hymn to the Theotokos

**Choir:** It is truly meet to bless thee, the Theotokos,  
ever-blessed and most blameless, and Mother of Our God.  
More honorable than the Cherubim,  
and beyond compare more glorious than the Seraphim,  
who without corruption gavest birth to God the Word,  
the very Theotokos, thee do we magnify.

+ Glory to the Father, and to the Son, and to the Holy Spirit,  
both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. (3x)

O Lord, Bless.

**Reader:** Thou that didst rise from the dead, O Lord Jesus Christ, Son of God, for the sake of the prayers of Thy most pure Mother our Protectress, of our holy and God-bearing fathers, and of all the saints, have mercy on us and save us, for Thou art good and the Lover of mankind.

**Choir:** Amen

### Memory Eternal

(For those who have fallen asleep in the Lord)

**Choir:**

Memory eternal!

Memory eternal!

Memory eternal!

His/Her/Their soul(s) shall dwell with the blessed!

### Many Years

(For those with birthdays and namedays)

**Choir:**

God grant you many years!

God grant you many years!

God grant you many, many years!

### Patronal Hymns

(St Mary Protectress Troparion, Tone 4)

Today we Orthodox people joyfully celebrate  
thy glorious coming among us, O Mother of God,  
and gazing upon thy most pure image, we say with compunction:  
Shelter us with thy most precious protection,  
and deliver us from all evil,  
and pray to thy Son, Christ our God, //  
that He save our souls.

(St Mary Protectress Kontakion, Tone 3)

Today the Virgin doth stand before us in church,  
and with the choirs of saints invisibly prayeth for us to God.  
Angels worship with hierarchs,  
apostles rejoice with prophets, //  
for the Theotokos prayeth for us to the Eternal God.